

# **FIXED PRICE DINNER MENU**

**\$9** 

We offer a fixed price three course meal option! Please select one starter, one entree, two entree accompaniments, and one dessert.

## **STARTERS**

# Magnolia Gathered Greens DF-VE-LS

Organic spring mix, cucumber, carrot, salad tomatoes, sunflower seeds, croutons, and choice of dressing.

#### Caesar Salad\*

Chopped romaine lettuce with parmesan cheese, croutons, and house made classic Caesar dressing. Available without cheese and croutons upon request.

#### Classic Coleslaw GF-LS

Freshly shredded cabbage with carrots and creamy coleslaw dressing.

### Seasonal Fresh Fruit Salad GF-DF-VE-LS

Seasonal mixture of fruit cut into bite size pieces. .

#### Cottage Cheese GF•V

Low-fat small curd cottage cheese served with or without canned fruit.

### Magnolia Clam Chowder

A Capital Manor classic.

# Soup du Jour

Ask your server for today's selection.

#### HOMEMADE SALAD DRESSINGS

Ranch, Blue Cheese, Caesar, Raspberry Vinaigrette, Italian, Honey Mustard

GF = Gluten Free • DF = Dairy Free • V = Vegetarian • VE = Vegan • LS = Low Sodium (200mg or less)

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition. .

# **ENTRÉES**

#### Chicken Parmesan

Panko crusted chicken cutlet topped with chunky marinara & mozzarella cheese and baked to perfection. Served with your choice of two entree accompaniments.

# Smoked Chile Coconut Prawns GF•DF•LS

Jumbo prawns in a light chipotle coconut milk broth. Served with your choice of two entree accompaniments.

#### Cheese Filled Tortellini V

Cheese filled tortellini tossed with fresh spinach and chunky tomato sauce. Served with your choice of two entree accompaniments.

### Top Sirloin with Red Wine Demi Glace\* DF.LS

Coulotte top sirloin steak grilled to your liking and topped with a red wine reduction sauce. Served with your choice of two entree accompaniments.

# Grilled Mahi Mahi with Spring Pea Sauce\* GF•DF

Grilled Mahi Mahi with spring pea herb sauce and your choice of two entree accompaniments.

# Chickpea & Cauliflower Curry with Wild Rice GF•DF•VE•LS

Curry stewed chickpeas and cauliflower served over Ankeny Hills wild rice and your choice of one entree accompaniment.

# Classic Bay Shrimp Louie Salad GF-DF

Romaine lettuce, bay shrimp, avocado, tomato, and hardboiled egg served with thousand island dressing or a dressing of your choice.

# Herb & Mushroom Braised Chicken Thighs DF•LS

Two chicken thighs seared and slowly braised in beer with fresh herbs and mushrooms. Served with your choice of two entree accompaniments.

### Pesto Gnocchi V

Potato gnocchi sauteed with marinated mushrooms and tossed in a light pesto sauce. Served with your choice of two entree acompaniments.

### **ENTREE ACCOMPANIMENTS**

### Grilled Broccolini GF DF LS

Ankeny Wild Rice GF DF

Lightly grilled fresh broccolini

Ankeny Hills wild rice blend

### Spinach & Mushrooms GF DF LS Butternut Squash Mash GF

Sauteed spinach with marinated mushrooms

Creamy mashed butternut squash

## Vegetable Du Jour

Starch Du Jour

Please ask your server for details

Please ask your server for details

#### **DESSERTS**

We feature Glenda's assorted desserts and an assortment of ice creams. Please ask your server for details!

GF = Gluten Free • DF = Dairy Free • V = Vegetarian • VE = Vegan • LS = Low Sodium (200mg or less)

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

<sup>\*\*</sup>Ask your server for information about dietary restriction accommodations\*\*